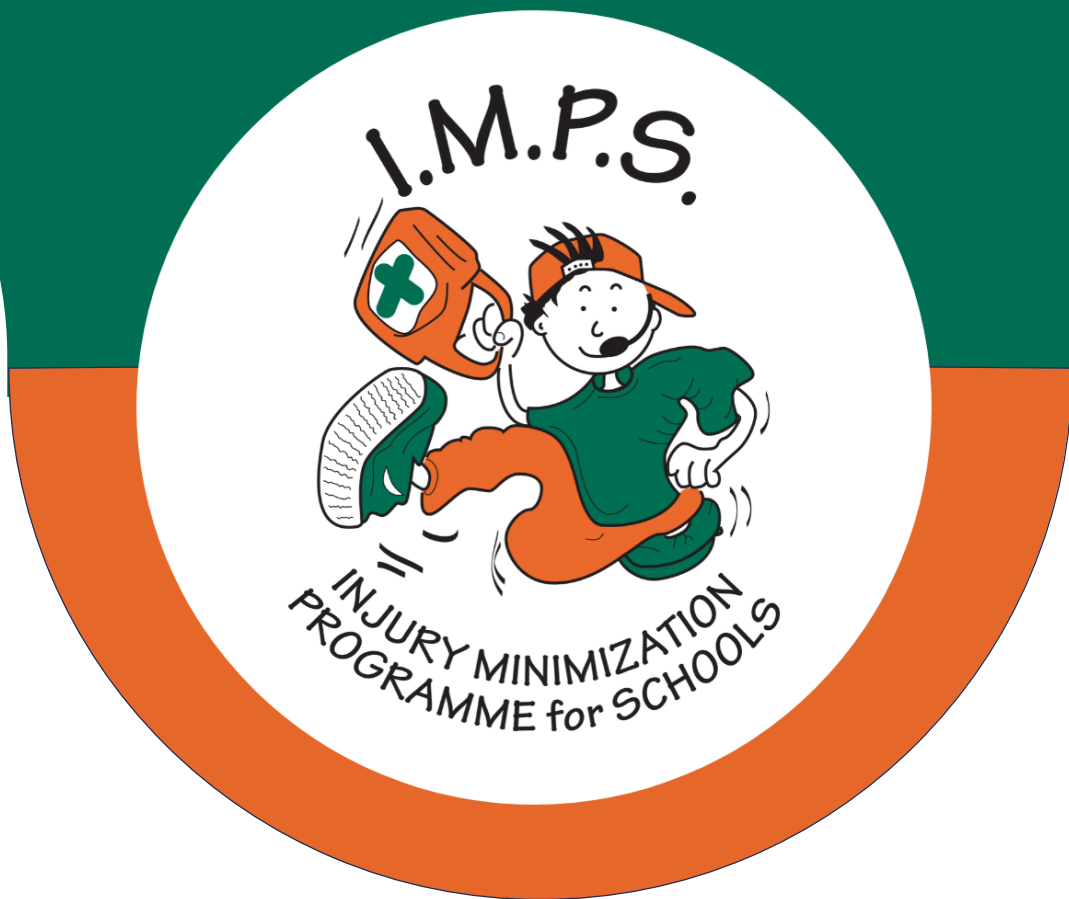




## Information for supporters and fundraisers



**I.M.P.S.**  
Learning to be safe

*"My staff and I always agree that I.M.P.S. is one of the most important things that the Y6 class do each year"*

*Head Teacher*

# INJURY MINIMIZATION PROGRAMME FOR SCHOOLS

## LEARNING TO BE SAFE

I.M.P.S. empowers young people to take personal responsibility for assessing and managing their own risk and equips them with the skills to cope in an emergency

### WE BELIEVE

children and young people should be given the opportunity to take personal responsibility for their own safety and that learning emergency life skills strengthens their confidence and self-esteem.

School and home life can shape a young person's future and it is important they make healthy choices.

Choices for life involve taking risks and we believe that children should understand how to make risks safer by being aware of the consequences of their action.

### I . M . P . S .

Thank you so much for your interest in I.M.P.S. We deliver I.M.P.S. to over 80% of all Oxfordshire schools - that's 5000 children a year!

On the next page you can see exactly what we do to ensure that our young people learn about taking safer risks and how to keep themselves and others safe.

We always need donations to help us to update and improve I.M.P.S. resources and delivery. If you would like to help us raise funds then take a look at page 5 for some tips and advice.



*"Living in a home where there is only one adult  
I feel it is important I know all the things  
I was taught at I.M.P.S. in case an accident should occur."*

*"I.M.P.S. made the children more aware  
of their own responsibility  
to take care of themselves and  
reduce their chances of an accident."*

# WHAT IS I.M.P.S.?

It is an injury prevention education programme for 10 & 11 year olds. The class teachers work with the I.M.P.S. team to deliver lessons about taking safer risks and emergency life skills

## I . M . P . S .

1. The children's teacher uses I.M.P.S. online resources to teach the class about taking safer risks and how to keep safe.
2. The I.M.P.S. team then deliver lessons in emergency life skills.\* These include: CPR, the recovery position, how to use a defibrillator and what to do if someone chokes. We also teach them about what to expect if they have to go to the emergency department.
3. There are lots of follow lessons and activities on our website for the children to complete after they learn new I.M.P.S. skills.
4. The teachers receive a topical safety linked lesson every month to build on the children's safety awareness.

## I . M . P . S . QUIZ

We have a great quiz on our website that the children take before and after their I.M.P.S. lessons.

This way, we can measure how much they have learnt and remembered.

We are always very impressed with what they achieve!



\*Currently, these lessons are taking place in school but we hope that one day we can bring the children back to local hospitals to learn these skills as we did pre-pandemic.

# HOW CAN YOU SUPPORT US?

## HELPING

We are always very grateful to people who raise money or make a donation to I.M.P.S. At the moment, we are lucky that the Oxford University Hospitals NHS Foundation Trust is funding our core expenses. We fund all of our other projects, updates and new equipment - and that is where your help is vital.

We are aware that not everyone wants to jump from an aeroplane or run a marathon just to raise money for their favourite charity, so we have lots of ways you can support us without leaving home! You can find the details on the following pages.

If you decide you would like to make a donation to support us with our work then please do go to our [JustGiving page](#).

## IMPORTANT INFO

Oxfordshire I.M.P.S. (Fund number 0126) is part of Oxford Hospitals Charity (Registered charity number 1175809). This is the I.M.P.S. umbrella charity and the charity number you need to use on any fundraising documentation.

Just make it clear that any donations or sponsorship are to go to Oxfordshire I.M.P.S. (fund number 0126)

If you want any help or advice in setting up a fundraising page then please do contact us. (details are on the last page)



# RAISING FUNDS WITHOUT LEAVING HOME

## JustGiving™

The easiest way to raise funds for Oxfordshire I.M.P.S. is to make a donation directly to our **JustGiving Page**. That way, if you are a tax payer, you can automatically donate gift aid and boost your donation.



Join the **SO** or **Cherwell Lotteries** and you could win a cash prize!  
50p of every ticket sold is donated directly to I.M.P.S.

### Set up a standing order

Steady regular donations from our supporters in the way of a monthly or annual donation is key to the future of Oxfordshire I.M.P.S.

You can donate as little as £3 per month. The easiest way to donate regularly is to set up a direct debit or standing order, please remember to quote **fund number 0126 – I.M.P.S.** Click [here](#) to open the PDF form.

You can either return it by post or email.



You can raise funds for Oxfordshire I.M.P.S. by signing up to **Give as you Live online**. Now every time you shop via Give as you Live Online at 5,500+ top retailers, including eBay, M&S and Expedia, a free donation will be made to us and it won't cost you a penny extra!

Whether you are buying your weekly shopping, new clothes or even booking a holiday, remember, every penny you spend online can generate a free donation for us. Don't forget to download the handy **toolbar donation reminder** which pops up every time you think about making a purchase.

# BE A LITTLE BIT MORE ADVENTUROUS

There are lots of ways that you can raise money while having fun doing what you would normally do.

Here are a few ideas and don't forget if you want some help and advice then please do contact us.

- Have a cake sale
- Hold a coffee morning or a fancy afternoon tea
- Wear a bandage to work or school day
- Organise a sweepstake for a sporting event
- Run a pub quiz
- Have a big night in
- Exit collection after an event
- Garden party
- Dinner party
- Themed evening
- Hold a raffle
- Nominate I.M.P.S. to be a supermarket charity



PROUD TO BE PART OF

**Oxford  
Hospitals  
Charity**

REGISTERED CHARITY NO. 1175809

Just remember that Oxfordshire I.M.P.S. is part of the Oxford Hospitals Charity and you need to use their charity number 1175809 on any fundraising documents, sponsor forms or online donation platforms.

You might see their logo along side ours.



Make sure you state that your donations are to go to:

**Oxfordshire I.M.P.S. fund number 0126.**

Let us know if you are fundraising for us and we can keep an eye open for it!



# BE WILD AND DO SOMETHING SPORTY

## Find an event.

You can take part in any sporty or activity event and raise money for Oxfordshire I.M.P.S. at the same time.

There are lots of organised events if you want to join in with other fundraisers.

Here are just a few to give you some ideas.

- Run the London Marathon (we usually have some golden bond charity places available.)
- Try the Blenheim 7 (a fun run in the beautiful surroundings of Blenheim Palace which is open to all ages)
- Do an abseil, sometimes there is an organised abseil from the John Radcliffe Hospital
- Do a skydive
- Enter a cycle race
- Do anything you love doing and ask for sponsorship!
- Do a sponsored walk
- Aim for a world championship in something wacky!

## Contact us if you want some help to:

- Set up a JustGiving page
- Print off a sponsorship form
- Discuss a potential fundraiser
- Have a chat
- Find a fundraising event to join
- Be able to use an I.M.P.S. logo
- Anything else



# QUICK CLICKS

## YOUR ONE STOP SHOP TO MAKING A DONATION



Just click on the logos and you can sign up to start raising money for Oxfordshire I.M.P.S. right away.





# CONTACT US

## FOR MORE INFORMATION

Contact us by email for more information about I.M.P.S. or to request advice about fundraising for us.

We currently do not have a base at the hospital but the team are working from home and will be in touch as soon as possible.

email: [imps@ouh.nhs.uk](mailto:imps@ouh.nhs.uk)

## USEFUL LINKS

[Oxfordshire I.M.P.S.](#)  
[Oxford Hospitals Charity](#)

*"This programme forms a vital part of preparing year 6 for the enormous changes that take place as they transition to secondary. Being able to deal with minor injuries, and even better, to help prevent them occurring in the first place adds real value."*



PROUD TO BE PART OF  
**Oxford  
Hospitals  
Charity**  
REGISTERED CHARITY NO. 1175809

